



National Institutes of Health
Office of Research on Women's Health



John R. Weisz, Ph.D.

Professor, Harvard University

John Weisz (he/him) engages in research to develop and test interventions for youth mental health problems, as well as meta-analyses and systematic reviews characterizing and critiquing the science of youth mental health care. His most recent work involves development and testing of transdiagnostic approaches to youth psychotherapy, including treatment that uses modular design and treatment guided by a small number of broad principles of psychological change. He has a special interest in integrating evidence-based practices with strategies for personalizing treatment to fit individual youth and family characteristics. Dr. Weisz's meta-analyses provide a broad picture of the state of youth psychotherapy research and address specific questions about moderators of psychotherapy benefit.



Dr. Weisz received a B.A. from Mississippi College and a Ph.D. in clinical and developmental psychology from Yale. He has held faculty positions at Cornell, the University of North Carolina at Chapel Hill, and the University of California, Los Angeles, where he built numerous partnerships with southern California community mental health clinics and focused on studying youth mental health care in the real-world contexts where that care is most often provided. Efforts to build research partnerships broadened with a move to Massachusetts in 2004, where Dr. Weisz served for eight years as President and CEO of the Judge Baker Children's Center, an affiliate of Harvard Medical School. His position at Judge Baker was blended with academic appointments, and he now works full-time as a professor in the Harvard Psychology Department, expanding his body of research on strategies for improving youth mental health care.